

## Farm to Summer Challenge



Farm to Summer extends the Farm to School model into the summer, integrating local foods and agriculture-based activities when school is out. Farm to Summer activities ensure children and teens retain access to nutritious meals and enrichment opportunities throughout the year.

Participate in the Ohio Department of Education's **Farm to Summer Challenge** to receive recognition for participating in Farm to Summer activities. Sign up [HERE](#) to participate in the Farm to Summer Challenge and Cucumber Crunch Day. Program sponsors completing the challenge will be featured on the Ohio Department of Agriculture's Farm to School

website and receive a Certificate from the Ohio Department of Education. To be recognized, engage in at least one activity from one of the challenge areas below. Each completed activity is worth one point.

### Gourd Award

- Three Points. Complete at least one activity from each challenge area: *Eat, Grow, Engage*

### Silverbeet Award

- Two Points. Complete at least one activity from any two challenge areas: *Eat, Grow, Engage*

### Broad Bean Award

- One Point. Complete at least one activity from any challenge area: *Eat, Grow, Engage*

Activities should be completed during June through August.

Return the completed Farm to Summer Challenge Scorecard to [Hannah.Hart@education.ohio.gov](mailto:Hannah.Hart@education.ohio.gov) by September 1 to receive your award. Include photos of activities, menus, links to an article, or anything else to document participation.

### Challenge Areas:

1. **Eat:** Serve locally grown food! Food that is locally grown can be defined in many ways. Get input from your staff, local growers and distributors to best define what local means to you. The food item can be incorporated into a meal, snack, or as part of a learning activity or taste test. Eat a locally grown cucumber for the Cucumber Crunch! Check out Ohio's Summer Recipes from [Menus that Move](#) for ideas on incorporating local foods.
2. **Grow:** Engage in a gardening activity or plant and grow your own produce. Host a Master Gardener from your county or other gardening professional to provide a gardening lesson. Take a field trip to visit a garden, farm, or orchard in your area. Use the Ohio Department of Agriculture's [Find a Market](#) tool to locate a farm or farmer's market to visit.
3. **Engage:** Share the activities your organization does with us and your community. Include pictures or highlights about your farm to summer events in a parent or school newsletter, on social media, or your website. Don't forget to tag us on social media @oheducation or send to [Hannah.Hart@education.ohio.gov](mailto:Hannah.Hart@education.ohio.gov) to be featured in the Quarterly Farm to School Newsletter.

## Farm to Summer Challenge Scorecard

**Organization Name:** \_\_\_\_\_

<b>Challenge Area</b>	<b>Acceptable Activities</b>	<b>Activities Completed</b>	<b>Date of Completion</b>	<b>Number of Participants</b>
<i>Eat 1 point</i>	<ul style="list-style-type: none"> <li>• Serve local food in a menu or for a taste test.</li> <li>• Participate in the Cucumber Crunch.</li> <li>• Other local food activities.</li> </ul>			
<i>Grow 1 point</i>	<ul style="list-style-type: none"> <li>• Engage in a gardening activity.</li> <li>• Take a field trip to a garden, orchard, or farm.</li> <li>• Host a gardening lesson.</li> <li>• Other growing activity.</li> </ul>			
<i>Engage 1 point</i>	<ul style="list-style-type: none"> <li>• Post on social media or website.</li> <li>• Share in a newsletter.</li> <li>• Local media coverage.</li> <li>• Other engagement activity.</li> </ul>			

*\*Include menus, photos, links, or attachments to document participation. Return the completed Farm to Summer Challenge Scorecard to [Hannah.Hart@education.ohio.gov](mailto:Hannah.Hart@education.ohio.gov) by September 1.*